



Thrust Nylon Plates

Plate size	Plate length in mm	Wheelbase in mm	Toe length* in mm	Heel length** in mm	Plate length in inches	Wheelbase in inches	Plate weight each / pair in ounces	Plate assembly weight*** each / pair in ounces
000	163	84	51	28	6 7/16	3 5/16	2.08 / 4.16	9.76 / 19.52
00	173	94	51	28	6 13/16	3 3/4	2.24 / 4.48	9.92 / 19.84
0	187	107	52	28	7 3/8	4 3/16	2.40 / 4.80	10.08 / 20.16
1	206	107	66	33	8 1/8	4 3/16	3.36 / 6.72	14.24 / 28.48
2	216	116	67	33	8 1/2	4 9/16	3.52 / 7.04	14.40 / 28.80
3	226	126	67	33	8 7/8	5	3.68 / 7.36	14.56 / 29.12
4	236	136	67	33	9 5/16	5 3/8	4.00 / 8.00	14.88 / 29.76
5	249	149	67	33	9 13/16	5 7/8	4.48 / 8.96	15.36 / 30.72
6	258	158	67	33	10 1/8	6 1/4	4.64 / 9.28	15.52 / 31.04
7	268	168	67	33	10 9/16	6 5/8	4.80 / 9.60	15.68 / 31.36
8	278	178	67	33	10 15/16	7	4.88 / 9.76	15.76 / 31.52
9	288	188	67	33	11 5/16	7 3/8	5.12 / 10.24	16.00 / 32.00
10	300	200	67	33	11 13/16	7 7/8	5.60 / 11.20	16.48 / 32.96

*Toe length is distance from center of front axle to front end of plate

**Heel length is distance from center of back axle to back end of plate

***Plate assembly includes king pins, trucks, cushions, retainers, lock nuts